

# NARRATIVE PRACTICES ADELAIDE

Maggie Carey, Shona Russell & Rob Hall

**Extending Narrative Practice—November 16-27, 2009**

**Two weeks of training options in November with a focus on work with:**

- Women who have experienced abuse
- Men separating from violence
- Children and young people

**This two-week training intensive consists of 4 workshops:**

1. ***Narrative Skills Development***: 2 days with Maggie Carey (Nov 16 & 17)  
**Cost \$250.00**
2. ***Responding to women who have experienced sexual abuse***: 3 days with Shona Russell (Nov 18,19 & 20) **Cost \$350.00**
3. ***Exploring narrative approaches to counselling men who use violence and abuse—an ethical journey of taking responsibility for abuse***: 2 days with Rob Hall (Nov 24 & 25) **Cost \$250.00**
4. ***Working with children and young people***: 2 days with Maggie Carey (Nov 26 & 27)  
**Cost \$250.00**

**Participants may enrol in any combination of the above workshops.**

**Special price for enrolment in all four workshops: \$1,000.00**

## **Pre-requisites:**

A pre-requisite for all workshops is that participants have done training in narrative approaches at an introductory level and are wanting to take a next step in extending their skills.

## **Workshop One:**

***Narrative Skills Development***: 2 days with Maggie Carey (November 16 & 17) **Cost \$250.00**

In this workshop there will be a focus on the practices of:

- **scaffolding therapeutic conversations** as a way of supporting the people that consult us to step from what is 'known and familiar' about their lives (often problem stories), into understandings that are not yet familiar but that are possible to be known (preferred stories). It is important that our questions can provide solid stepping stones to these new understandings and that we don't ask questions that require too big a step for people to take. This idea of scaffolding is particularly useful when people respond to our questions with "I don't know" as we can think of this as a reflection of our having asked too big a question.
- **the concept of the absent but implicit** as a way of finding entry points into these new stories of self that can then be explored. It is based on the understanding that there are always multiple meanings in however people express themselves and that we can make sense of people's expressions of what is problematic as reflecting something of value that is being transgressed or ignored or compromised.

## **Workshop Two:**

***Responding to women who have experienced sexual abuse:*** 3 days with Shona Russell (November 18, 19 & 20 ) **Cost \$350**

During these three days we will review key ideas when working with the effects of trauma in women's lives. Ways in which the maps of narrative practice can shape conversations and approaches to responding to trauma will be explored in detail. There will also be the opportunity for practitioners to reflect on their own journey and discuss the history of their commitments and values that influence their work in this significant area. In this workshop there will be a focus on skills related to:

- Responding to self blame, guilt and shame through externalising conversations
- Exploring pain as testimony and distress as tribute as entry points for developing women's intentions and purposes
- Richly describing subordinated stories
- Working with the metaphor of Migration of identity
- Creating an audience for stories of survival
- A re-invigoration of professional identity

Participants will have opportunity to put narrative ideas into practice in a variety of interesting ways and there will be ample opportunity to discuss some of the complexities arising from this work.

## **Workshop Three:**

***Exploring narrative approaches to counselling men who use violence and abuse – an ethical journey of taking responsibility for abuse:*** 2 days with Rob Hall (November 24 & 25) **Cost \$250**

In this workshop there will be a focus on:

- The conceptual ideas underpinning the work with men, on challenging explanations and on the politics of power relations.
- The ethical position of the therapist in work with men. How do we not replicate the very practices that need addressing? How do we own the position that we are taking?
- Providing men with an alternative territory of life and identity in which to stand, and from which to strongly critique their own abusive and exploitative actions.
- Scaffolding the development of respect, responsibility and accountability as concepts that are storied in experience and able to be put into action.
- The centrality of the experiences of the people that have been hurt by the man's use of violence.

## **Workshop Four:**

***Working with children and young people:*** 2 days with Maggie Carey (November 26 & 27) **Cost \$250**

This two day workshop will provide opportunities for participants to develop and practise their skills in using a narrative approach with children and young people. The practices of externalising and of rich story development will be explored and there will be a focus on how we scaffold our enquiry while maintaining a position of non-expert on children's knowledges. Consideration will be given throughout this workshop to working with families where there is conflict present. Maggie will share examples of her work with children and young people and their families, and there will be the opportunity for participants to experience some of the narrative practices through the use of structured exercises.

# REGISTRATION FORM

## Extending Narrative Practice—November 16-27, 2009

- A non-refundable deposit of **\$50.00 per workshop** is required with registration, or **\$100.00** if registering for all four workshops. Payment of the full course fees is required by November 2.
- To register, please complete this form and email to: [info@narrativepractices.com.au](mailto:info@narrativepractices.com.au)

### I wish to register for:

- 1: *Narrative Skills Development* (Nov 16 & 17): **\$250.00**
- 2: *Responding to women who have experienced sexual abuse* (Nov 18, 19 & 20): **\$350.00**
- 3: *Exploring narrative approaches to counselling men* (Nov 24 & 25): **\$250.00**
- 4: *Working with children and young people* (Nov 26 & 27): **\$250.00**
- 5: **All four workshops: \$1,000.00**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Organisation: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: Business hrs: (\_\_\_\_) \_\_\_\_\_

After hours/mobile: (\_\_\_\_) \_\_\_\_\_

### Please indicate how you will be paying:

- Cheque
- Electronic transfer to NPA account
- My work will be paying for me. (Your place will be confirmed once we receive a request for a tax invoice from your manager or finance officer.)
- Other (Please give details).....  
*(Please Note: We are not able to accept payment by Credit Card.)*

Narrative Practices Adelaide is not required to charge GST for this workshop.

Cheques payable to: Narrative Teaching Partnership

Post to: Narrative Practices Adelaide, 24 Hurtle Square, Adelaide, SA 5000.

Payment may be made by electronic transfer to:

Bank: ANZ, 185 Hutt St. BSB: 015-056

Ac. Name: Narrative Teaching Partnership

Ac. Number: 4916 80417

For further information please email: [narrativepracticesadelaide@iinet.net.au](mailto:narrativepracticesadelaide@iinet.net.au)  
Please send completed registration forms to: [info@narrativepractices.com.au](mailto:info@narrativepractices.com.au)